

# Venixxa™

**Micronized Purified Flavonoid Fraction (MPFF)** (citrus bioflavonoids containing diosmin 90% and flavonoids expressed as hesperidin 10%) 500 mg

### Recommended Use

- › Oral treatment for hemorrhoids.
- › As an oral treatment, VENIXXA™ treats the underlying causes of hemorrhoidal disease.

### Proven efficacy as a monotherapy

- › **Helps to reduce signs and symptoms associated with hemorrhoids**, such as anal discharge, bleeding, discomfort, inflammation (proctitis), itching (pruritus), pain, redness (erythema), sensation of needing to pass stools (tenesmus) and swelling (edema).
- › **Helps to reduce the duration, intensity and recurrence** of acute hemorrhoidal episodes.

### Other uses of VENIXXA™

With standard therapy (fibre supplements, rubber band ligation, infrared photocoagulation)	With surgery (such as hemorrhoidectomy)
› Combined effect to relieve signs and symptoms of hemorrhoidal disease, such as bleeding.	› Combined effect to relieve signs and symptoms of hemorrhoidal disease, such as bleeding.  › Rapid and long-lasting relief of post-surgery signs and symptoms: improvement of bowel movements, relief of pain, bleeding, heaviness, pruritus, and tenesmus, leading to a lower consumption of analgesics.

### How does VENIXXA™ work?

Micronized Purified Flavonoid Fraction (MPFF) protects the venous components of hemorrhoidal tissue. It protects the venous and capillary system from inflammation, valve remodeling and reflux, and capillary permeability as a result of its vein-specific, anti-inflammatory action.

MPFF has improved venous tone, inhibited the release of prostaglandins and reduced the acute symptoms associated with grade I, II and III hemorrhoids.

### How does micronization affect absorption?

The active compound (MPFF) in VENIXXA™ is obtained through a **unique micronization process that reduces its particle size to less than 2 µm**. This process improves the extent of absorption of MPFF therefore providing better bioavailability. Together with the action of each of its flavonoid components, it leads to faster and

greater relief of the signs and symptoms associated with hemorrhoidal disease.

### What is hemorrhoidal disease?

Hemorrhoids are a normal part of the human body. They are cushions rich in blood vessels, including veins that are located in the anus to help with stool control. Hemorrhoidal disease results from an increase in the abdominal pressure or prolonged sitting during straining and defecation, leading to the veins becoming inflamed and deteriorated.

Hemorrhoids can be internal (inside the rectum) or external (inside the opening of the anus). Internal hemorrhoids are classified by a grading system.

Hemorrhoid classification: a four-grade system	
<b>GRADE I</b>	
<b>Symptoms:</b> › Discomfort › Pain	<b>Signs:</b> › Bleeding › Visible on proctoscopy (anuscopy) › Protrude on straining › No prolapse
<b>GRADE II</b>	
<b>Symptoms:</b> › Discharge › Pruritus › Pain	<b>Signs:</b> › Bleeding › Prolapse visible at anal margin during straining › Spontaneous return when straining ends
<b>GRADE III</b>	
<b>Symptoms:</b> › Swelling › Discharge, oozing › Pain	<b>Signs:</b> › Bleeding › Prolapse during defecation or marked straining requiring manual reduction
<b>GRADE IV</b>	
<b>Symptoms:</b> › Discharge › Pain	<b>Signs:</b> › Permanent and irreducible prolapse

A few daily habits can help reduce the risk of developing hemorrhoidal disease:

- › **Diet adaptation:** less alcohol and spicy food, more fibre
- › **Regular exercise**
- › **Water intake:** at least 8 glasses a day
- › **Healthy weight**
- › **Short toilet sessions**
- › **Avoid overweight and constipation** as much as possible
- › **Avoid lifting heavy objects** on a regular basis

**Symptoms of other conditions are often attributed to hemorrhoids.**

**If you suffer from anal pain, you should ask your pharmacist for advice and consult a doctor.**

### Duration of Use

For use beyond 2 months, consult a healthcare practitioner.

A physician should immediately be consulted if sudden, unusually severe signs and symptoms occur, particularly bleeding and pain. These may be symptoms of a local thrombosis or another underlying disease.

### Recommended Dose for Adults

*Acute hemorrhoidal episode:* Swallow 3 tablets twice daily for the first 4 days, then 2 tablets twice daily for 3 days.

	Morning	Evening
Day 1	3 tablets	3 tablets
Day 2	3 tablets	3 tablets
Day 3	3 tablets	3 tablets
Day 4	3 tablets	3 tablets
Day 5	2 tablets	2 tablets
Day 6	2 tablets	2 tablets
Day 7	2 tablets	2 tablets

*Chronic treatment:* Swallow 1 tablet twice daily.

### Cautions and Warnings

Treatment should be avoided during pregnancy and breastfeeding.

If symptoms persist or worsen, or if acute hemorrhoidal episode persists after 7 days of use, consult a healthcare practitioner.

If hemorrhoids are accompanied by rectal bleeding (bloody stools sometimes look like black tar), or if you experience a change in bowel habits, consult a healthcare practitioner.

### Interaction

No interaction studies have been performed. However and taking into consideration the post marketing experience on the product, no drug interaction has been reported to date.

If you are taking prescription medication, consult a healthcare practitioner prior to use.

### Effects on ability to drive and use machines

No studies on the effects of flavonoid fraction on the ability to drive and use machines have been performed. However, on the basis of the overall safety profile of flavonoid fraction, MPFF has no or negligible influence on these abilities.

### Adverse Reactions

Hypersensitivity/allergy, gastrointestinal discomfort, dizziness, headaches, malaise, and skin reactions have been known to occur; in which case, discontinue use and consult a healthcare practitioner.

### Storage Conditions

- › Store at room temperature (15–30 °C).
- › Store away from children.

### Non-Medicinal Ingredients

- › Gelatin
- › Magnesium stearate
- › Microcrystalline cellulose
- › Sodium starch glycolate
- › Talc
- › Glycerol
- › Macrogol 6000
- › Hydroxypropyl methylcellulose
- › Iron oxide (Fe<sub>2</sub>O<sub>3</sub>)
- › Sodium lauryl sulfate
- › Titanium dioxide
- › Iron oxide yellow

**Venixxa™**



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